

Mental Mediumship Readings

Mediums are just ordinary people who usually have every day jobs and families A **Medium** provides evidence of survival of the human personality beyond the physical state we call death. S/he is the link between the two worlds communicating with people who have died through mind-to-mind contact.

Mediumship is the ability to communicate with people you know in the afterlife. Its objective is to prove survival of the human personality after death and to help the bereaved come to terms with their loss. Mediumistic sittings are not for fortune telling but are experimental sessions to provide evidence of survival. Any attempt to communicate with Spirit is, by its very nature, purely experimental and therefore, results can never be guaranteed.

Mediumship takes two forms:

- **Mental Mediumship:** Mental phenomena is demonstrated through the mind of a medium. Mental phenomena is the type most often demonstrated in public. The medium can firstly produce enough information to satisfy the enquirer that their family member, friend or loved one still survives and can give an accurate physical description of themselves, their work, what illness they died of etc. Once the identity of the spirit person is apparent and accepted, further evidence can be given about shared and past memories to current events in the sitter's life. Further information about hobbies and idiosyncrasies can establish the personality of the communicator. A medium must always act in a responsible and dignified manner and should adhere to a code of conduct. The medium should also be aware of legal, moral and ethical standards in this important work. Mediums who work within the Spiritualist religion are sometimes called Spiritualist Mediums.
- **Physical Mediumship:** Physical phenomena is of such a nature that it is usually demonstrated only at private seances. Any person sitting with the medium can hear or see what is happening. By means of raps, audible voices or materialised figures the spirit people convey intimate information about themselves, their recollection of their earthly lives and details of their lives in the spirit world.

Mental Mediumship can be split into four more categories, Clairvoyance, Clairaudience, Clairsentience and claircognizance:

- **Clear seeing or clairvoyance** - clear seeing is not just about seeing "auras" or angel lights - it also includes dreams and visions.
Clairvoyance (clear seeing. Clear seeing does not necessarily mean you see things like angels or messages with your eyes open like in the TV show Ghost Whisperer. It often means if you close your eyes and meditate, you can see images, pictures, movies, etc that are sometimes not from our world. Clear seeing can also mean you receive answers to your questions in things you see in the everyday world. Perhaps you see a word or a number several times a day to the point that it's no coincidence.)
- **Clear hearing or clairaudience** - clear hearing is not just about "hearing voices"- it's about voice, music and sound.
Clairaudience (clear hearing - you hear a loving voice either inside your head (not your own!), or a booming voice outside your head, when no one is clearly around. Clairaudience can also mean you happen to "overhear" exactly what you need to hear in a song being repeated, or in a conversation.)
- **Clear feeling or clairsentience** – clear feeling is not just about sensing what someone is feeling - it also includes emotions, gut instincts and intuitions.
Clairsentience (feeling, like a touch or an indentation on the couch next to you. It also means you get your psychic messages in the forms of feelings or emotions. You

may get a strong emotional feeling to do something, and when you act on it, its amazing what can come about).

- **Inner knowing or claircognizance** - Inner knowing is really about knowing things without having learned them in ordinary ways - it is when we receive thoughts, ideas and concepts that we clearly did not have before we received them.
Claircognizance (clear knowing - you just know things and you don't know why. You know something is going to happen and then it does. You know something is right, you don't question it, you don't know why, but most of the time, you are right).